

Minimum Essential Coverage (MEC) Plans

MEC Plan Design

Type of Service	Coverage
Calendar Year Deductible for Preventative Services	\$0 / No Deductible
Office Visit Co-Pay for Preventative Services	\$0
Plan Pays	100% of Preventative Expenses (Billed charges are subject to the maximum preferred provider network allowable charge or a reimbursement of 130% of Medicare fee schedule)
Plan Annual Maximum	Unlimited
Lifetime Limit	Unlimited
Preventative Mandated Generic Prescriptions*	\$0 Co-Pay

*Eligible expenses under the Prescription Drug benefit are limited to those as required under the Affordable Care Act for preventative services. Plan covers generic prescriptions only, unless only a brand name drug is available or a generic is deemed medically inappropriate by the prescribing provider. Over-the-counter items and services will be covered without cost sharing only when prescribed by a healthcare provider. Prescriptions for non-covered preventative items or services are on a discount basis only.

MEC Plan - Covered Services

17 Covered Preventative Services for Adults

Some of the Covered Services include:

- Immunization vaccines for adults — doses, recommended ages, and recommended populations vary.
- Alcohol Misuse screening and counseling
- Depression screening for adults
- Blood Pressure screening for all adults
- Cholesterol screening for adults of certain ages or at higher risk
- Depression screening for adults
- Diabetes (Type 2) screening for adults with high blood pressure
- Diet counseling for adults at higher risk for chronic disease

22 Covered Preventative Services for Women, Including Pregnant Women

Some of the Covered Services include:

- Breast Cancer Mammography screenings every 1 to 2 years for women over 40
- Contraception: Food and Drug Administration-approved contraceptive methods, sterilization procedures, and patient education and counseling, not including abortifacient drugs.
- Gestational diabetes screening for women 24 to 28 weeks pregnant and those at high risk of developing gestational diabetes.
- Well-woman visits to obtain recommended preventative services.

26 Covered Preventative Services for Children

Some of the Covered Services include:

- Autism screening for children at 18 to 24 months.
- Behavioral assessments for children of all ages* (EAP services may apply) Ages: 0 to 11 months, 1 to 4 years, 5 to 10 years, 11 to 14 years, 15 to 17 years
- Developmental screening for children under age 3, and surveillance throughout childhood.
- Immunization vaccines for children from birth to age 18 – doses, recommended ages, and recommended populations vary
- Hearing screening for all newborns
- Medical History for all children throughout development. Ages: 0 to 11 months, 1 to 4 years, 5 to 10 years, 11 to 14 years, 15 to 17 years
- Vision screening for all children

For a full list of covered services please visit: <https://www.healthcare.gov/preventive-care-benefits/>